

TROY SPORTS CAMPS

2016 Troy Sports Camp Offerings
Award Winning Varsity Coaches
Coaching for the Future



Special thanks to our sponsors

Troy Recreation Department | 3179 Livernois, Troy, MI 48083 | 248.524.3484



BASEBALL

Troy High School Varsity Baseball Field, Coach Nick Kolbe
 Fielding, hitting, throwing and game strategies will be taught in this camp.
REQUIRED EQUIPMENT: Glove, cleats or gym shoes, water bottle. Bat optional.

Act#	Dates	Time	Grades	Fee
134202A	6/20-6/24	9-11 a.m.	2-3	\$75
134202B	6/20-6/24	9-11:30 a.m.	4-6	\$95

CHEERLEADING

Athens High School, Coach TBA
 Learn skills needed to cheer at the middle school or high school level. Brand new cheers each year with chants, dance and skills. Stunts for older division.
REQUIRED EQUIPMENT: Gym shoes, shirt and shorts/sweat pants, water bottle

Act#	Dates	Time	Grades	Fee
134205A	7/11-7/15	9-10:30 a.m.	K-2	\$57
134205B	7/11-7/15	9 a.m.-noon	3-5	\$113
134205C	7/11-7/15	12:30-3:30 p.m.	6-9	\$113

EXTREME RECESS

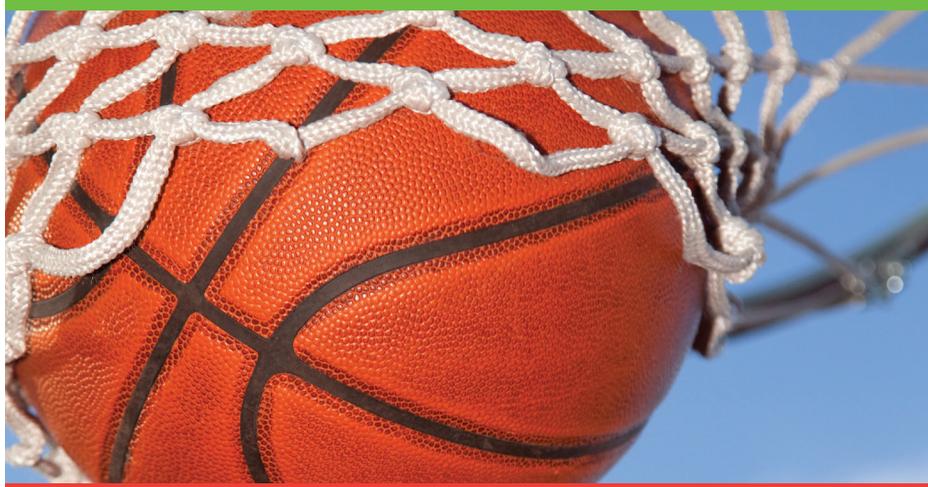
Athens High School Gym, Coach Gary Harlan
 Camp is filled with favorite recess games and fast paced fun. Swimming each day is included.
REQUIRED EQUIPMENT: Gym shoes, swimsuit, towel and water bottle

Act#	Dates	Time	Grades	Fee
134207A	6/27-7/1	9 a.m.-2 p.m.	3-8	\$138

FAST PITCH SOFTBALL

Athens High School Varsity Softball Field, Coach Kerry Brennan
 Camp for all skill levels includes fielding, hitting, throwing and game strategies. Infield and outfield coaching included.
REQUIRED EQUIPMENT: Glove, cleats or gym shoes, water bottle. Bat optional.

Act#	Dates	Time	Grades	Fee
134208A	6/20-6/24	9-11 a.m.	5-6	\$75
134208B	6/20-6/24	11 a.m.-1 p.m.	7-8	\$75



BASKETBALL

Participants to be taught dribbling, passing, shooting and movement skills. Offense and defense techniques will be included in older camps. ★

REQUIRED EQUIPMENT: Gym shoes and water bottle

GIRLS BASKETBALL

Boulan Middle School Gym, Coach Frank Leone

Act#	Dates	Time	Grades	Fee
134203A	6/27-7/1	9-11:30 a.m.	3-5	\$95
134203B	6/27-7/1	noon-3:30 p.m.	6-8	\$113
134203C	7/11-15	9-11:30 a.m.	3-5	\$95
134203D	7/11-15	noon-3:30 p.m.	9-10	\$113

BOYS BASKETBALL

*E,F: Troy High School Gym | G,H,I,J: Baker Middle School Gym
Coach Gary Fralick*

Act#	Dates	Time	Grades	Fee
134203E	6/20-6/24	11 a.m.-1 p.m.	3-5	\$75
134203F	6/20-6/24	1-3 p.m.	6-8	\$75
134203G	7/11-7/15	11 a.m.-1 p.m.	3-5	\$75
134203H	7/11-7/15	1-3 p.m.	6-8	\$75
134203I	7/25-7/29	11 a.m.-1 p.m.	3-5	\$75
134203J	7/25-7/29	11 a.m.-1 p.m.	6-8	\$75

JUNIOR BASKETBALL

See locations below, Coach B.J. Smith

Basic to intermediate instruction of shooting, passing, dribbling and rebounding, as well as defensive techniques.

REQUIRED EQUIPMENT: Gym shoes and water bottle

Act#	Dates	Time	Level	Grade	Location	Fee
134204A	6/20-6/24	10 a.m.-noon	Beg.	K-2	Martell	\$80
134204B	7/11-7/15	10 a.m.-noon	Beg.	K-2	Barnard	\$80
134204C	7/18-7/22	10 a.m.-noon	Int.	K-2	Barnard	\$80
134204D	7/25-7/29	10 a.m.-noon	Beg.	K-2	Barnard	\$80
134204E	8/1-8/5	10 a.m.-noon	Int.	K-2	Martell	\$80

Q: How do I register?

Online at troy.mi.gov/recreationregistration or in person at the Troy Community Center.

See back page for more details.

★ = Take home a ball to keep!

Q: Which grade do I register my child for?

Register for grade entering in the 2016-2017 School Year

FOOTBALL

Troy High School & Athens High School ★
Troy Coach: Gary Griffith, Athens Coach: Josh Heppner

Footwork, passing, receiving, running and play techniques will be taught. Older age group will work on advanced techniques and skills.

REQUIRED EQUIPMENT: Cleats or gym shoes, shirt and shorts/sweat pants. Water bottle.

Act#	Dates	Time	Location	Grades	Fee
134209A	7/18-7/22	9 a.m.-noon	THS	3-5	\$113
134209B	7/18-7/22	9 a.m.-noon	THS	6-8	\$113
134209C	7/18-7/22	12:30-3:30 p.m.	THS	9-12	\$113
134209D	7/18-7/22	9 a.m.-noon	AHS	3-5	\$113
134209E	7/18-7/22	9 a.m.-noon	AHS	6-8	\$113
134209F	7/18-7/22	4:30-7:30 p.m.	AHS	9-12	\$113

GOLF

Sanctuary Lake Golf Course
Coach Paul Toski, Director of Instruction SLGC

REQUIRED EQUIPMENT: Clubs, shoes (gym or golf). No sandals. Clubs available if needed.

JUNIOR GOLF CAMP - 2 1/2 HOURS

Junior camp is designed to introduce golf to new players and develop skills of experienced players. Practice balls and greens fees are included. Tournament held on the last day of camp (extra hour).

Act#	Dates	Time	Grades	Fee
134211A	6/20-6/24	8:30-11 a.m.	3-7	\$133
134211B	6/27-7/1	8:30-11 a.m.	3-7	\$133
134211C	7/11-7/15	8:30-11 a.m.	3-7	\$133
134211D	7/18-7/22	8:30-11 a.m.	3-7	\$133
134211E	7/25-7/29	8:30-11 a.m.	3-7	\$133
134211F	8/1-8/5	8:30-11 a.m.	3-7	\$133
134211G	8/8-8/12	8:30-11 a.m.	3-7	\$133

JUNIOR DEVELOPMENT CAMP - 4 HOURS

JDG Camp is designed for players looking to improve skills and elevate overall game for high school or tournaments. Camp will cover all aspects of game. Video analysis and equipment evaluation are included.

Act#	Dates	Time	Grades	Fee
134206A	6/27-7/1	1-5 p.m.	6-12	\$250
134206B	7/11-7/15	1-5 p.m.	6-12	\$250
134206C	7/18-7/22	1-5 p.m.	6-12	\$250
134206D	8/1-8/5	1-5 p.m.	6-12	\$250
134206E	8/8-8/12	1-5 p.m.	6-12	\$250



GOTTA DANCE



Gotta Dance Studio, Director Suzy Sanitate

Dance program offers tap, jazz and ballet instruction on Mondays. Questions? Call Dance Director Suzy Sanitate at 248.680.8722.

REQUIRED EQUIPMENT: *Appropriate dance shoe and comfortable clothing*

Act#	Dates	Class	Time	Grades	Fee
134210A	7/18-8/8	Tap	4:30-5 p.m.	Pre-K	\$30
134210B	7/18-8/8	Ballet	5-5:30 p.m.	Pre-K	\$30
134210C	7/18-8/8	Hip Hop	5:30-6 p.m.	1-3	\$30
134210D	7/18-8/8	Ballet	6-6:30 p.m.	1-3	\$30
134210E	7/18-8/8	Jazz	6:30-7 p.m.	1-3	\$30
134210F	7/18-8/8	Ballet	7-7:30 p.m.	Pre-K	\$30
134210G	7/18-8/8	Ballet	7:30-8 p.m.	4-6	\$30
134210H	7/18-8/8	Jazz/Hip Hop	8-8:30 p.m.	4-6	\$30



LACROSSE



Individual and team skills will be taught during camp. Skills include: passing, catching, feeding, dodging, checks, holds and slides.

BOYS LACROSSE

Athens High School, Coach Mike Dungan

REQUIRED EQUIPMENT: *All grades-helmet, gloves, stick and mouthpiece. Hockey equipment is okay. Grades 5-10-shoulder pads and arm protection.*

Act#	Dates	Time	Grades	Fee
134213A	6/27-7/1	9 a.m.-noon	2-4	\$113
134213B	6/27-7/1	9 a.m.-noon	5-10	\$113

GIRLS LACROSSE

Troy High School, Coach Vittoria Wallace

REQUIRED EQUIPMENT: *Stick and goggles*

Act#	Dates	Time	Grades	Fee
134213C	7/11-7/15	5-7 p.m.	4-7	\$75
134213D	7/11-7/15	5-7 p.m.	8-12	\$75

Q: Where are these camps located?

See the map on the back page, or call us at 248.524.3484 if you have more questions!



SOCCER



Troy High School, Coaches Todd Heugh & Brian Zawislak



Rec camp will work on the basics of shooting, receiving, shielding and goalkeeping. Premier camps will cover technical skills in morning and tactical play in afternoon to get ready for tryouts.

REQUIRED EQUIPMENT: *Cleats or gym shoes, shin guards and water bottle. Premier camp must bring a lunch each day.*

Act#	Type	Dates	Time	Grades	Fee
134214A	Rec	7/25-7/29	9-11:30 a.m.	3-6	\$99
134214B	Premier	7/25-7/29	9 a.m.-2 p.m.	5-8	\$180
134214C	Premier	7/25-7/29	9 am-2 pm	9-12	\$180

JUNIOR SOCCER CAMP

Firefighters Park, Coaches Todd Heugh & Brian Zawislak



Jump start little soccer athletes with a fun approach to developing the basic skills.

REQUIRED EQUIPMENT: *Cleats or gym shoes, shin guards and water bottle.*

Act#	Dates	Time	Grades	Fee
134215A	6/27-7/1	9:30-10:30 a.m.	Pre-K	\$50
134215B	6/27-7/1	10:30-11:30 a.m.	Pre-K	\$50
134215C	6/27-7/1	10-11:30 a.m.	1-2	\$66
134215D	7/11-7/15	9:30-10:30 a.m.	Pre-K	\$50
134215E	7/11-7/15	10:30-11:30 a.m.	Pre-K	\$50
134215F	7/11-7/15	10-11:30 a.m.	1-2	\$66
134215G	7/18-7/22	9:30-10:30 a.m.	Pre-K	\$50
134215H	7/18-7/22	10:30-11:30 a.m.	Pre-K	\$50
134215I	7/18-7/22	10-11:30 a.m.	1-2	\$66

SOCCER SPEED & AGILITY

Firefighters Park, Coach Cody Savoie

Increase speed to outrun opponents, break away from defenders. Increase agility to improve reaction to opponents, first and second touch skills. Increase total body strength for improved shooting speed, running speed, jumping ability to head balls and block shots.

REQUIRED EQUIPMENT: *Practice clothes, running shoes, water bottle and a physical card (on file in school athletic program)*

Act#	Dates	Time	Grades	Fee
134223B	7/18-7/22	9-10:30 a.m.	5-12	\$57



TRACK & FIELD



Athens High School, Coaches John Epple & Shawn Defresne

Proper form, technique and hurdle skills will be taught. All field and track events will be covered. Mini track meet on Friday.

REQUIRED EQUIPMENT: *Gym or track shoes. Water bottle.*

Act#	Dates	Time	Grades	Fee
134219A	6/27-7/1	9-11:30 a.m.	2-5	\$95
134219B	7/11-7/15	9-11:30 a.m.	6-9	\$95





VOLLEYBALL



Athens High School Auxiliary Gym, Coach Tammy Gilbert ★

Participants will be taught the basic skills of volleyball including passing, serving, hitting and game strategies. Groups will be divided by ability.

REQUIRED EQUIPMENT: Gym shoes, knee pads and water bottle.

Act#	Dates	Time	Grades	Fee
134220A	7/11-7/15	8:30-11:30 a.m.	6-8	\$113
134220B	7/11-7/15	noon-2:30 p.m.	3-5	\$95
134220C	7/18-7/22	8:30-11:30 a.m.	6-8	\$113

ADVANCED VOLLEYBALL

Athens High School Auxiliary Gym, Coach Tammy Gilbert ★

Participants will be taught the advanced skills of volleyball including passing, serving, hitting and game strategies.

REQUIRED EQUIPMENT: Gym shoes, knee pads and water bottle.

Act#	Dates	Time	Grades	Fee
134220D	7/18-7/21	4-7 p.m.	9-12	\$95



ATHLETIC TRAINERS



Athens Training Room, Coach Bryan Baines

Workshop to learn the basics of athletic training, anatomy, injury evaluation, taping, wrapping and first aid. First aid/CPR certificates upon completion.

REQUIRED EQUIPMENT: Bag lunch each day. Includes one hour practice session

Act#	Dates	Time	Grades	Fee
134201A	8/1-8/5	9 a.m.-2:30 p.m.	9-12	\$138

General Sports Camp Information

The Troy Recreation Department and the Troy School District are once again offering many youth sports camps this summer. All camps are coordinated by a "Blue Ribbon" coaching staff including many state and area Coach of the Year recipients.

Camp Ratio: Approximately 1:10 (some have lower ratios)

Medical Information: If your son/daughter has a medical condition that may affect their participation in the camp program, please make a note on the registration form (allergies, etc.) and inform instructor on site.

Athletic Trainer: Licensed athletic trainer will be available for assistance during the camps.

Equipment Required: For some of the camps, equipment may be required by the participant. Please see the description under each camp for requirements.

Inclement Weather Policy: In case of rain, please call our weather hotline number at 248.689.9756. Each camp will discuss their weather procedure the first day. Check on-line for up to date cancellations:

troymi.gov/RecreationWeatherUpdates

Registration: All camp registrations begin February 22 online for residents and February 26 for non-residents. For MAIL-IN registrations, complete the registration form and mail it with your check or money order to: 3179 Livernois, Troy, MI 48083.

Online registration is available for camps. To register online, contact the Recreation Department for your household number and password CALL 248.524.3484 during normal business hours. Online registration is available at troymi.gov/RecreationRegistration. NO PHONE registrations will be accepted. Only Visa and MasterCard accepted. Limited enrollments for some camps.

Camp Includes: In addition to quality instruction, each camper receives an official Troy Sports Camp tee-shirt, and a participation certificate. Some camps include ball for participant to keep.

Refunds and Transfers: Any refund requested prior to camp beginning will be assessed a \$10 administrative fee. Contact the Troy Recreation office to request a refund or transfer.

NO REFUNDS OR TRANSFERS after a camp begins.

★ = Take home a ball to keep!

- 1. Firefighters Park, 1800 W. Square Lake Rd.**
Junior Soccer Camp, Soccer Speed & Agility
- 2. Troy High School, 4777 Northfield Pkwy.**
Baseball, Boys Basketball, Football, Girls Lacrosse, Soccer
- 3. Boulan Middle School, 3570 Northfield Pkwy.**
Girls Basketball
- 4. Troy Community Center, 3179 Livernois Rd.**
Register for camps
- 5. Martell Elementary School, 5666 Livernois Rd.**
Junior Basketball
- 6. Sanctuary Lake Golf Course, 1450 E. South Blvd.**
Golf Camps
- 7. Athens High School, 4333 John R Rd.**
Cheerleading, Extreme Recess, Fast Pitch Softball, Football, Boys Lacrosse, Track & Field, Volleyball, Athletic Trainers
- 8. Barnard Elementary School, 3601 Forge Dr.**
Junior Basketball
- 9. Baker Middle School, 1359 Torpey Dr.**
Boys Basketball
- 10. Troy Sports Center, 1819 E. Big Beaver Rd.**
Girls Basketball

TROY, MICHIGAN

